

Social Acknowledgement as Victim or Survivor (Version 31.01.11)

Please indicate the extent to which you agree or disagree with each of the following statements.

	I agree			
	not at all	slightly	mostly	completely
1. Most people cannot understand what I went through.				
2. Somehow I am no longer a normal member of society since the incident.				
3. The people where I live respect me more since the incident.				
4. There is not enough sympathy for what happened to me.				
5. The only people who really understand me are those who have been through something similar.				
6. My family finds my reaction to the incident to be exaggerated.				
7. Most people cannot imagine how difficult it is simply to continue with "normal" daily life.				
8. My experiences are underestimated by my family.				
9. My family feels that they have to protect me.				
10. My family feels uncomfortable talking about my experiences.				
11. My family showed a lot of understanding for my response to the incident.				
12. My friends showed sympathy for what happened to me.				
13. The reactions of my acquaintances were helpful.				
14. Many people offered their help in the first few days after the incident.				
15. Important figures of public life in my place of residence (e.g. mayor, priest) expressed their sympathy for me after the incident.				
16. My boss/superior showed full understanding for any absence from work.				

Scoring key

1. Score values from 0 ("not at all") to 3 ("completely").
2. Recode Items Number 9, 11.
3. Subscales

A. General disapproval	B. Recognition	C. Family/friends disapproval
1 _____	3 _____	6 _____
2 _____	12 _____	8 _____
4 _____	13 _____	9 _{rec} _____
5 _____	14 _____	10 _____
7 _____	15 _____	11 _{rec} _____
	16 _____	
Sum A: _____	Sum B: _____	Sum C: _____

4. Recode Scales A and C

5. Total Score:

Sum A _{rec} :	_____
Sum B:	_____
Sum C _{rec} :	_____
<u>Total Score</u>	_____

Reference:

Maercker, A. & Mueller, J. (2004). Societal acknowledgment as a victim or survivor: A scale to measure a recovery factor of PTSD. *Journal of Traumatic Stress, 17*(4), 345-351.

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